| | | Monday | | | | | | | | Tuesday | | | | | | | | Wednesday | | | | | | | | Thursday | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | Grass Courts | | | | Clay Courts | | | | Grass Courts | | | | Clay Courts | | | | Grass Courts | | | | Clay Courts | | | | Grass Courts | | | | Clay Courts | | | |
| | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 09:00 | 09:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 09:30 | 10:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10:00 | 10:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | Adult Intermediate Coaching (1.5 hrs) | | | |
| 10:30 | 11:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11:00 | 11:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11:30 | 12:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:00 | 12:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:30 | 13:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13:00 | 13:30 | | | | | | | | | | | | | | | | Try Tennis (1 hr) | Adult Social Session - All Membership Categories | | | | Adult Social Session - All Membership Categories | | | | | | | | | | |
| 13:30 | 14:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 14:00 | 14:30 | | | | | | | | | | | | | Vets. Match Practice (2 hrs) | | | Tots Tennis (45 mins) | | | | | | | | | | | | | | | | Tots Tennis (45 mins) |
| 14:30 | 15:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15:00 | 15:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15:30 | 16:00 | | | | | | | | JNR Groups (45 mins) | | | | | | | | | | | | | | | | | | | | | | | | |
| 16:00 | 16:30 | | | | | | | | | | | | | Junior Group Coaching (1 hr) | | | | | | | | Junior Group Coaching (1 hr) | | | | | | | | Junior Group Coaching (1 hr) | | | |
| 16:30 | 17:00 | | | | | Junior Group Coaching (1.5hrs) | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17:00 | 17:30 | | | | | | | | | | | | | Junior Group Coaching (1 hr) | | | | | | | | Junior Match Practice (1 hr) | | | | | | | | Junior Group Coaching (1 hr) | | | |
| 17:30 | 18:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18:00 | 18:30 | | | | | Junior Group Coaching (1.5hrs) | | | | Adult Social Session - Full Members (4 hrs) | | | | Adult Social Session - Full Members (4 hrs) | | | | | | | | | | | | Adult Social Session - Full Members (4 hrs) | | | | Adult Social Session - Full Members (4 hrs) | | | |
| 18:30 | 19:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19:00 | 19:30 | | | | | Adult Intermdiate Coaching (1 hr) | | | | | | | | | | | | | | | | Mens Team Practice Session (2 hrs) | | | | | | | | | | | |
| 19:30 | 20:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20:00 | 20:30 | | | | | Adult Int. Coaching (1 hr) | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20:30 | 21:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21:00 | 21:30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21:30 | 22:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| | | Friday | | | | | | | | Saturday | | | | | | | | Sunday | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | Grass Courts | | | | Clay Courts | | | | Grass Courts | | | | Clay Courts | | | | Grass Courts | | | | Clay Courts | | | |
| | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 09:00 | 09:30 | | | | | | | | | | | | | Adult Try Tennis Coaching (1 hr) | | | | | | | | | | | |
| 09:30 | 10:00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 10:00 | 10:30 | | | | | Adult Team Coaching (1.5 hrs) | | | | | | | | Junior Group Coaching (3 hrs) | | | | | | | | | | | |
| 10:30 | 11:00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 11:00 | 11:30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 11:30 | 12:00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:00 | 12:30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 12:30 | 13:00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 13:00 | 13:30 | | | | | | | | | | | | | | | | | | | | | Ladies Team Practice (2 hrs) | | | |
| 13:30 | 14:00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 14:00 | 14:30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 14:30 | 15:00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 15:00 | 15:30 | | | | | | | | | Adult Social Session - Full Members (3 hrs) | | | | Adult Social Session - Full Members (3 hrs) | | | | Adult Social Session - Full Members (3 hrs) | | | | Adult Social Session - Full Members (3 hrs) | | | |
| 15:30 | 16:00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 16:00 | 16:30 | | | | | Junior Group Coaching (1 hr) | | | | | | | | | | | | | | | | | | | |
| 16:30 | 17:00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 17:00 | 17:30 | | | | | Junior Group Coaching (1 hr) | | | | | | | | | | | | | | | | | | | |
| 17:30 | 18:00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 18:00 | 18:30 | | | | | Junior Social (2 hrs) | | | | | | | | | | | | | | | | | | | |
| 18:30 | 19:00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 19:00 | 19:30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 19:30 | 20:00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 20:00 | 20:30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 20:30 | 21:00 | | | | | | | | | | | | | | | | | | | | | | | | |
| 21:00 | 21:30 | | | | | | | | | | | | | | | | | | | | | | | | |
| 21:30 | 22:00 | | | | | | | | | | | | | | | | | | | | | | | | |

Numbers at the top are court numbers - 1-4 Grass courts (Open May-September), 5-8 Artificial clay courts (Open year round). All Artificial Clay courts are floodlit